

GOVT. BILASA GIRLS' P.G. (Auto.) COLLEGE

Link Road, Bilaspur (C.G.)

Phone No. : 07752-224249, Website : www.bilasagrilscollege.ac.in



SYLLABUS

M.A. Psychology
Semester - I & II

2021-22



DEPARTMENT OF PSYCHOLOGY

**"Regulation for Examination (Semester System)
At Post Graduate Level, Under Autonomous Scheme"
Session : 2021-22**

Bilaspur Universtiy, Bilaspur (C.G.) vide letter No. 277/Bub/Acad/2012dated 12/9/2012 has granted affiliation to the Govt. Girls' P.G. College, Bilaspur (C.G.) Further the University Grants Commission, New Delhi vide letter No. F-22.01.2005 (Desk-AC) December 2005 and Guru Ghasidas University, Bilaspur (C.G.) vide letter No. 81/CDC/Auto/2006 dated 22.05.2006 have extended the autonomous Govt. Girls' P.G. College upto 2011 which has been again extended till the session 2016-17 vide letter No. UGC F-22-1/2011 AC January 2012 and now UGC conferred Autonomy upto 2023. The University has authorized Govt. Girls' P.G. College, Bilaspur (C.G.) to frame syllabus and conduct examination in the following faculties the subjects at the Post Graduate level.

FACULTY

SUBJECT

I. Arts

- | | |
|-------------------|---------------------------|
| 1. M.A. Economics | 2. M.A. English |
| 3. M.A. Geography | 4. M.A. Hindi |
| 5. M.A. History | 6. M.A. Political Science |
| 7. M.A. Sociology | 8. M.A. Urdu. |
| | 9. M.A. Psychology |

II. Science Faculty

1. M.Sc. Botany
2. M.Sc. Chemistry
3. M.Sc. Food & Nutrition
4. M.Sc. Human Deveiopment
5. M.Sc. Mathematics
6. M.Sc. Physics
7. M.Sc. Zoology
8. P.G. Diploma in Computer Science.

III. Commerce

1. M.Com.

IV. BJLib. I.Sc.

1. As per the decision taken by the Co-ordination Committee in its Eleventh meeting, and in compliance of the order issued by the Directorate of Higher Education, vide letter No. 341/187/CHE/Co-ord/06 dated 27.04.2006 Govt. Girls' P.G. College Bilaspur (C.G.) is semester system of examination from the session 2007 at post Graduate Level.
2. The course, of siudy at the post Graduate Level (Master of Science, Master of Arts and Master of Commerce) is extended over four semesters in two academic Sessions. Examination of the first & Second semesters will be held in the first academic session and the third and fourth semesters in the second academic session.
3. Practical Examination of the science Faculty / Subjects will be held with the theory examination in each semester, where as Viva-Voce Examination of Arts and Commerce Faculty will be held with the theory examination of second and fourth semester.

ADMISSION:

4. The admission in the Post Graduate Classes shall be strictly on merit basis in accordance to the admission rules of Govt. of Chhattisgarh State.
5. A graduate from any recognized University of Chhattisgarh State is eligible for admission in the Post Graduate Classes. A graduate from any recognized University outside of the Chhattisgarh state will also be eligible for admission in the Post Graduate Classes provided, she fulfills all other conditions of eligibility.

SYLLABUS:

6. Each course shall be framed and approved by the Board of studies of that subject and Academic Council of the college.
7. There shall be four or five theory papers in each subjects in each semester Practical examination of the subjects shall be conducted as per the syllabus framed and approved by the Board of Studies of that subject.
8. A student who has 60% or more aggregate marks in three semester can opt Dissertation as an Optional Paper in the forth semester if there is such a provision in the course of that subject.
9. In the theory papers of semester examination, there shall be 80 marks for external examination and 20 marks for internal examination. Each theory paper of the semester examination shall be of 80 marks in which there shall be ten questions in total out of which a candidate will have to attempt five questions Maximum marks of the practical decided by the board of studies of the subject.

EXAMINATION PATTERN :-

10. There shall be main examination at the end of the each semester First and Third semester examination shall be held as for a possible in the month of November and second & fourth semester examination shall be held as for as possible in the month of April.
11. To be successful in the exam a student has to score at least 20% marks in each Internal & External theory papers with an aggregate of 36% marks. Also to be successful in each practical paper a student has to score 36 marks. Best marks of the two internal text examination will be incorporated in the marks of semester examination. The head of the department shall submit the detailed mark list to the controller of Examination after the completion of all tests and seminars.
12. A student declared fail in one or two papers in the semester examination can appear in the second attempt examination in the same paper which will be held after two months of the main semester examination but if a student declared failed in more than two papers of semester examination will have to appear in all the four or five papers in the second attempt examination.
13. If a student is absent in all the papers of the main semester examination then she will be ineligible to appear in the second attempt examination, but if a student appears in some papers and fail to appear in the remaining papers of the main semester examination then she will have to submit an application giving reason to . the principal / Controller with sufficient

proofs. On the basis of proofs a High level committee will decide upon the matter. High level committee will have power to allow the student to appear in the second attempt examination.

14. A student who fails in a semester examination shall be eligible to take admission in the course of study of next semester but she shall not be eligible to appear in the next semester examination unless has passed all the remaining papers of the previous semester in the second attempt examination.
15. The admission of the student who fails in the second attempt examination of a semester, the admission to the next semester will automatically be cancelled and she will have to appear in all the papers of the semester examination in the next academic session as an Ex-student but marks of the internal examination will carry forward.
16. It is a must for the students to appear in the Internal test on the scheduled dates which will be declared by examination cell failing to which she shall be declared fail. If due to some unavoidable circumstances and sufficient reason the students fails to appear in the test on scheduled dates they have to appear before the High level Committee comprising of the Principal, Controller of Exam and Head of the Department of the particular subject with sufficient proof. The high level committee will decide the matter based on the proofs submitted by the students.
17. If a student leaves the college after taking admission in a course of study of semester without appearing in Internal & External examination and if she would like to take admission in any forthcoming academic session in the same semester she shall be given admission in the same session as a regular student but her status will be of Ex-student,
18. For Diploma courses there shall be annual examination pattern in which only external examination and practical examination will be held. There shall be no internal examination and seminars for these courses. Syllabus of these courses shall be framed by the board of studies, of the particular subject.
19. For B.Lib. I.Sc. course there shall be Annual Examination pattern and Internal tests & seminars will be organized.

Marks Scheme/Pattern of Question-

According to decision taken by the academic council of the college the pattern and marks scheme of question paper for P.G. as follows –

Type of Question	Q. to be set From each unit/Content	Q. to be solved	Marks Assigned	Total Marks
Objective / In few words	10	06	02	12
Short Answer Type Questions	07	04	05	20
Long/Essay type of question	07	04	12	48
			TOTAL	80

DIVISION AWARD

20. If a student is absent in all the papers of the main semester examination then she will be ineligible to appear in the second attempt examination, but if a student appears in some papers and fail to appear in the remaining papers of the main semester examination then she will have to submit an application giving reason to . the principal / Controller with sufficient proofs. On the basis of proofs a High level committee will decide upon the matter. High level committee will have power to allow the student to appear in the second attempt examination.
21. The division shall be awarded at the end of the Fourth Semester on the basis of taking together the aggregate of marks obtained by the students in all the four semester examination. The division shall be awarded on the following basis –
 1. I Division - 60% & above
 2. II Division - 48% & above but less than 60%
 3. III Division - 36% & above but less than 48%
22. A candidate who fails by one mark in a paer or in aggregate, shall be given grace mark but this one mark shall no where be added. Such candidate shall be declared pass with grace.
23. A candidate who lacks one mark to attain division shall be given one grace marks.
24. The names of first five candidates who have obtained first division at the end of the forth Semester will be declared in the order of merit.

REVALUATION :-

25. A candidate can apply for revaluation of answer books in not more than two theory papers: She has to pay prescribed fee for each paper within 15 days after the publication of the result of the semester examination. The provision of revaluation is only for the main exam and there is provision of revaluation for the second attempt examination.
26. The change in the marks will depend upon the rules of revaluation issued by the Bilaspur University, Bilaspur from time to time.
27. The points, which are not covered in the regulation mentioned above shall be governed by the existing rules, regulation and ordinance of Bilaspur University, Bilaspur (C.G.)

M.A. PSYCHOLOGY

Program Outcome

- To provide students with an understanding of human behavior that will support their ability to participate as informed members of the society, and to develop in them an empathetic outlook towards others and their surroundings.
- To provide students with excellent and rigorous training in Psychology both theoretically and practically.
- To build deep expertise in the respective domain as well as a broad.
- Describe the evolution of psychology and the major pioneers in the field.
- Identify the various approaches, fields, and subfields of psychology along with their major concepts and important figures.
- Describe the value of psychology and possible careers paths for those who study psychology.

Course Outcome

M.A. SEMESTER I

PAPER I : Attention And Perceptual Process

- Differentiate between sensation and perception.
- Explain the process of vision and how people see color and depth.
- Explain the basics of hearing.
- Describe the basic anatomy and functions of taste, smell, touch, pain, and the vestibular sense.
- Define perception and give examples of gestalt principles and multimodal perception.

PAPER II : Social Psychology

- Recognize aspects of social psychology, including the fundamental attribution error, biases, social roles, and social norms, in your daily life.
- Describe how attitudes can be changed through cognitive dissonance and persuasion.
- Explain how conformity, obedience, groupthink, social facilitation, social loafing, and altruism relate to group behavior.
- Explain prejudice, discrimination, and aggression.

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PAPER III : Basic Research Methodology

- Research Methodology helps to analytical, interpretation and presentation skill among students.
- Research Methodology helps to understand steps and procedure for selection of research problem.
- To study the sampling techniques as a method of data collection, Coding, classification, tabulation, graphical presentation, analysis and interpretation of data.
- Understand the appropriate and systematic method for writing effective research report.
- Define and apply the scientific method to psychology
- Describe the strengths and weaknesses of descriptive, experimental, and co- relational research
- Define basic elements of a statistical investigation

PAPER IV : Psychopathology

- Define psychological disorders and also explain how they are classified.
- Describe the features and characteristic symptoms of anxiety disorders, obsessive-compulsive disorder and posttraumatic stress disorder; differentiate these anxiety disorders from each other
- Illustrate the risk factors and major symptoms of unipolar disorder and bipolar disorder.
- Enlighten the symptoms and possible causes of schizophrenic, paranoia, dissociative disorders and other mental disorder.
- Describe the treatment of mental health disorders.
- Identify and explain the basic characteristics of various types of therapy.
- Explain and compare treatment modalities.

M.A. SEMESTER II

PAPER I : Learning, Memory and Problem Solving

- Explain learning and the process of classical conditioning.
- Explain operant conditioning, reinforcement, and punishment.
- Describe latent learning and observational learning.
- Explain the process of memory.
- Explain and give examples of forgetting and memory failure.
- Recognize and apply memory-enhancing strategies.

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- Describe cognition and problem-solving strategies.

PAPER II : Group Processes And Cultural Psychology

M.A. Social and Cultural Psychology explore the approaches in which ritual, culture and society shape how human beings assume, behave and relate to each other.

- To understand how societies think, how communities develop a sense of identity.
- To understand how societies represent controversial and important issues affecting general and worldwide community.
- To comprehend how culture affect social behavior of people.
- To recognize the relationship between culture and environment of society.
- To apprehend the way human being behave indifferent social situations, in addition to the way they think about and feel approximately the broader social world, with a focal point on uncovering each proximal and distal factors of such phenomena.

PAPER III : Advanced Research Methodology

- Elucidate proper applications of statistical analyses for various research designs, issues, or hypotheses.
- Calculate the important statistical technique to solve problems either manually or through SPSS.
- Communicate the meaning of statistical analyses in everyday language and professional formats (e.g., graphs, tables, and words).
- Understand the advance technique of data analysis such as regression, factor analysis, anocova etc.
- To be aware students by the utility of SPSS and make them friendly with SPSS.

PAPER IV : Physiological Psychology And Health Behaviors

- Identify the basic structures of a neuron, the function of each structure, and how messages travel through the neuron.
- Explain the anatomy of nervous system and the role of the endocrine systems and nervous system on human behavior.
- Enlighten how character, nurture, and epigenetic affects personality and behavior.
- Describe consciousness and biological rhythms.
- Describe what happens to the brain and body during sleep.
- Explain how drugs affect consciousness.

M.A. SEMESTER III

PAPER I : Personality And Indigenous Psychology

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- Define personality and the contributions of Freud and neo-Freudians to personality theory.
- Describe and differentiate between personality theories.
- Explain the use and purpose of common personality tests.

PAPER II : Psychological Assessment-I

Psychological assessments recommend massive power for clinicians and patients. Psychological assessment is referred to as psychological test or performing a psychological series on a person.

- Understand the use of psychological test and understand the application of different test in different psychological construct.
- Enable students to measure attitude, aptitude, interest, adjustment, skills etc. within the people.

PAPER III : Cognitive Psychology

- Identify the basic structures of a neuron, the function of each structure, and how messages travel through the neuron.
- Explain the anatomy of nervous system and the role of the endocrine systems and nervous system on human behavior.
- Differentiate between sensation and perception.
- Explain the process of vision and how people see color and depth.
- Explain the basics of hearing.
- Describe the basic anatomy and functions of taste, smell, touch, pain, and the vestibular sense.
- Define perception and give examples of gestalt principles and multimodal perception.

PAPER IV : Clinical Psychology And Diagnosis

This subject of psychology mainly focuses on the assessment, diagnosis, treatment, and prevention of mental disorders.

- To know the different approaches of psychotherapies and how to apply Psychotherapies on people with mental disorder.
- To recognize the clinical symptoms of mental disorder.
- To elucidate diagnosis techniques.
- To understand how to prevent mental disorders.

M.A. SEMESTER IV

PAPER I : Life Span Development

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- To understand how life begins.
- Understanding development processes and pattern of human.
- Understanding the psychological social and cognitive development of adolescence and adult hood

PAPER II : Psychological Assessment-II

- Understanding the nature and other description of intelligence test, ability tests and personality tests.
- The assessment technique such as interview helps define the current situation/problems and important elements of personal history.

PAPER III : Psychology Cognitive Ability

- Understanding cognitive abilities: concept formation, decision making, reasoning
- To understand the effect of aging in cognition.
- To understand the effects of situational factors on cognition.

PAPER IV : Basics Of Psychology Guidance, Counseling and Psychotherapeutic Counseling

- The course material is intended to provide students' with an understanding of the counselor's roles within evolving practice environments and across the spectrum of the field of counseling Psychology.
- This Paper aims to familiarize students with the basic concepts and issues of counseling.
- It provides a comprehensive overview and general understanding of the profession of counseling.
- It aims to promote critical thinking about various issues and debates in counseling psychology.
- To impart knowledge to the students n various approaches to counseling.
- To implement at least three therapeutic techniques in each approach.
- To impart knowledge on critiquing various approaches and develop skill to use them to diverse populations.
- Knowledge of Counseling Skills, Enhancement in self-awareness, Development of skill in using counseling techniques.

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MARK DISTRIBUTION

M.A.-1 st /2 nd /3 rd /4th SEMESTER-	MARKS	TOTAL
PAPER 1	80	80+20= 100
PAPER 2	80	80+20= 100
PAPER 3	80	80+20= 100
PAPER 4	80	80+20= 100
INTERNAL ASSESSMENT- 1 PER PAPER	10	
INTERNAL ASSESSMENT- 2 PER PAPER	10	
ASSIGNMENT- PER PAPER	10	
BEST OF ONE INTERNAL + ASSIGNMENT	20	
PRACTICAL		100

TOTAL MARKS (PER SEMESTER)- 500 MARKS

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M.A.- I Semester

PAPER – I
ATTENTION AND PERCEPTUAL PROCESS

Maxi.Marks. – 80

Min marks-29

Unit 1.

Attention: Concept, Meaning, determinants and Mechanism.

<https://www.verywellmind.com/what-is-attention-2795009>

<http://www.psychologydiscussion.net/notes/psychology-notes/attention-and-perception/notes-on-attention-meaning-types-and-determinants-psychology/1965>

Selective attention and theories of selective attention: bottleneck theory and Norman Bobrow's theory. Stroop effect, Sustained attention.

Unit 2.

Perception: -Meaning of perception,

<https://courses.lumenlearning.com/msstate-waymaker-psychology/chapter/reading-what-is-perception/>Is

perceptual organization is innate or acquired-experimental evidences. Perceptual

Processes: - Approaches to the Study of Perception: Gestalt and physiological approaches, Information processing approaches.

Unit 3.

Perceptual Constancy:

What is constancy? Size, Shape and Brightness constancy.

Unit 4.

Plasticity in perception, Colour vision- Phenomenon and theories of colour vision, auditory perception-Main aspects and theories of audition.

Unit 5.

Perception of Depth and distance,

<https://courses.lumenlearning.com/boundless-psychology/chapter/advanced-topics-in-perception/>

<https://study.com/academy/lesson/depth-perception.html>

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Illusion

<https://www.britannica.com/topic/illusion>

<https://images.app.goo.gl/eTPJShxKpJ8dtiQ79>

https://www.google.com/search?q=types+of+illusion+in+psychology&sa=X&biw=911&bih=438&tbm=isch&source=iu&ictx=1&fir=s4cZmJN2qnuSEM%253A%252C+t18+CTChoMhYM%252C+&vet=1&usg=AI4-kTke-EGDQ4DXRINQ3z-qHze1KFOwg&ved=2ahUKEwi-ra_X_fjAhWI7HMBHaO8AccQ9QEwAHoECAMQAw#imgc=G4eoLHAOo_ZhUM:&vet=1

BOOK RECOMMENDED:

Snodgrass, J. Gray. et. al (1985) Human experimental psychology, New York : Oxford University Press.

Galott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai : Thompson Asia.

D. Amato M.R. (1970) Experimental Psychology, New York, Mc. Graw Hill. Sen Anima : Attention & Distraction New Delhi.

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M.A.- I Semester

PAPER – II

SOCIAL PSYCHOLOGY

Maxi. Marks. – 80

Min.Marks-29

UNIT – I

Brief history of social psychology,

<https://www.ukessays.com/essays/psychology/the-history-of-social-psychology-psychology-essay.php>

Definition of social psychology,

<https://www.studyandexam.com/social-psychology.html>

Social behavior: Nature and levels of analysis,

Principle of social behavior- Imitation, Suggestion and Sympathy-(Meaning and Nature)

UNIT – II

Attitude (Evaluating and Responding to the social world) :

<https://www.sparknotes.com/psychology/psych101/socialpsychology/section4/>

<https://www.simplypsychology.org/attitudes.html>

Development and Formation of Attitude,

Attitude change: What is Attitude change.

Resisting persuasion attempt: Reactance, Forewarning, Attitude inoculation.

<https://psychology.iresearchnet.com/social-psychology/social-influence/resisting-persuasion/>

<https://psychology.iresearchnet.com/social-psychology/social-influence/forewarning/>

<https://study.com/academy/lesson/attitude-inoculation-definition-explanation-examples.html>

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UNIT – III

Theories of attitude change:

- Cognitive dissonance theory.
- Social learning theory.
- Kellman's three process theory.

UNIT –IV

Social Influence: What is social influence?

<https://www.cliffsnotes.com/study-guides/psychology/psychology/social-psychology/social-influence>

Reactionsof target persons to social influence:-

<https://www.norton.com/college/psych/socialpsych/reviews/ch06.asp>

1. Conformity- Meaning, Characteristics of conformity,

Experimental studies of conformity by

Sheriff, factors influencing

<http://www.grsmu.by/files/file/university/cafedry/psihologii-pedagogiki/files/fiy/11.pdf>

<https://www.psychologistworld.com/influence/social-influence>

<https://www.simplypsychology.org/conformity.html>

2. Compliance- Meaning and Techniques of Compliance.

<https://www.simplypsychology.org/compliance.html>

<https://www.verywellmind.com/what-is-compliance-2795888>

3. Obedience- Meaning and experimental study of obedience by

Milgram, factors influencing

<https://www.verywellmind.com/what-is-obedience-2795894>

<https://www.mytutor.co.uk/answers/1780/A-Level/Psychology/Describe-and-discuss-factors-that-effect-obedience-in-Psychology/>

<http://www.revisealevel.co.uk/subjects/psychology-1/psychology/unit-5-social-psychology/factors-affecting-obedience/>

UNIT – V

Group and behavior: What is Group?

Group influence- What is Group influence?

Effect of the presence of others-

- Social facilitation
- Social loafing
- Deindividuation

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BOOK RECOMMENDED:

- Billing, M. (1976) Social Psychology and inter group relation, NY: Academic Press
- Lindsey, G. & Aronson, E (Eds) (1985) The Handbook of social psychology. NY: Random House.
- Mishra, G. (1990) Applied social psychology in India ND: Sage
- Eiser, J.R. (1986) Social Psychology, London : Cambridge University Press.
- Dalal, A.K. (1989) Attribution theory and research ND wiley limited .
- Feldman R.S. (1985) Social Psychology, New York, Mc Graw hill.
- Baran A.B. & Byre, D (1991) Social Psychology, - Boston allyn& Bacon.
- Pandey, J. (1988) Psychology in India; the state - 7 the art Vol - 2 ND. Sage. P

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M.A. - I SEMESTER

PAPER - III

BASIC RESEARCH METHODOLOGY

M.M. - 80

UNIT - I

Research Methodology

- Psychological research.
<https://study.com/academy/lesson/what-is-research-definition-purpose-typical-researchers.html>
- Types of psychological research.
- Methods of Psychological Research : Experimental, Quasi - experimental, case studies, Field studies and Cross - cultural studies.
<https://www.bestdegreeprograms.org/lists/5-research-methods-used-in-psychology>
- Variables: Nature and types. Techniques of experimental manipulation and control in experiment.

UNIT - II

Research process,
<https://research-methodology.net/research-methodology/research-process/>

sources of bias,
<https://www.quirks.com/articles/9-types-of-research-bias-and-how-to-avoid-them>

Ethical issues in psychological Research,
<https://www.skillsyouneed.com/learn/research-ethics.html>

Consideration of research problem and hypothesis, Sampling: Probability and non-Probability sampling.

UNIT - III

Research designs:

Research designs: Meaning, purpose and principle of Research designs research.
<https://www.questionpro.com/blog/research-design/>
<http://www.yourarticlelibrary.com/marketing/research-design-introduction-contents-and-types/48714>

Basic assumption of experimental, non- experimental and quasi- experimental design.
<https://www.researchconnections.org/childcare/datamethods/experimentsquasi.jsp>
<https://opentextbc.ca/researchmethods/chapter/overview-of-nonexperimental-research/>

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Some research design: Cross Sectional and Longitudinal Co-relational design, factorial design, Randomized block design, Time series design.

UNIT - IV

Central tendencies, Dispersion, Normal Probability Curve: its properties and Utility in inferential statistics, Null hypothesis, Type I and Type II errors, Levels of significance.

UNIT - V

Method of Collecting data - I: Observation, Questionnaire, and Interview. Test & Scales

BOOK RECOMMENDED :

- Kerlinger D & Katz L. : Foundation of behavioural research (2nd ed) Surjeet Publication, Kamlanagr, Delhi, 1983
- Kothari C.R.: Research methodology : methods and techniques. Wiley eastern Ltd. New Delhi 1986.
- Broota, K.D. : Experimental design in behavioural research Wiley eastern Ltd. NewDelhi 1992.
- Black T.R. : Quantative research designs for social sciences thousand oaks: sage 1988
- Winer, B.J. : Stastical principles in experimental design, New York, Mc graw hill, 1971
- Edwards, A.K.: Experimental designs in psychological research. New York Holt 1976
- Mason, J. : Qualitative Researching, thousand oaks: sage 1997.

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M.A. - I Semester

PAPER - IV

PSYCHOPATHOLOGY

M.M. - 80

UNIT - I

Meaning and Concept of Psychopathology,

<https://www.socialworkdegreeguide.com/faq/what-is-psychopathology/>

<https://www.verywellmind.com/an-overview-of-psychopathology-4178942>

Classification systems in psychopathology: W.H.O.

(ICD-10) and multiaxial systems (DSM-IVTR), Changes in DSM-5

<https://courses.lumenlearning.com/abnormalpsychology/chapter/diagnosis-of-mental-disorders/>

Evaluation of classification system.

UNIT - II

Theoretical background, approaches to psychopathology (1) Psychodynamic; (2) Behavioral; (3) Cognitive; (4) Phenomenological; (5) Biological.

UNIT - III

Anxiety disorder: Panic, Phobic, OCD, Post - Traumatic, GAD, Somatoform disorders, Psychosomatic disorder, Eating disorder, Sleep disorder, Dissociative disorder: Types, symptoms and management, Multiple personality disorder.

UNIT - IV

Psychotic disorders: Paranoia, Schizophrenia, Mood disorder.

Personality disorder: Types, Symptoms and management.

UNIT - V

Substance related disorders: Alcohol related disorder and Nicotine related disorder, Mental Retardation and developmental disorders with SPD.

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BOOK RECOMMENDED :

- Aboud, T.D.: Health psychology in global perspective. Thousand oaks, C.A: Sage (1988).
- Page, J.D.: PSYCHOPATHOLOGY: The Science of understanding Deviance. (2nd ed.)(1975)
- Carson, C.R., Butcher J. N. : Abnormal psychology and modern life (9th ed) Harper Collins publisher. (1992).
- Adams, H.E. & Sutkar. P.B. : comprehensive handbook of psychopathology New York, Plenum Press.
- Prokap, C.R. & Bradly, L.A.: Medical psychology: Contribution to Behavioural medicine, Academic press, (1991)
- Davison G.C. and Neal J.N. Abnormal Psychology – 8th Ed. Wiley Publishers, 2000.

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M.A. - I SEMESTER**PAPER - V
PRACTICUM****M.M. - 100**

This paper consists of the laboratory (experimental) and field - work done throughout the Semester and will be evaluated at the time of examination along with the other papers.

Distribution of marks would be as under:

Marks

- A. Record of lab practical and field work-20+30= 50
- B. Evaluation of one lab. test of be Conducted in the examination-25
- C. Viva-Voce on practicum 25

Note: No candidate would be allowed to appear in the practical examination unless his/ her Day to day practical work and report are found satisfactory.

List of Practicum: (Any five test and one field study)**Tests :-**

1. 16 P.F.
2. Problem solving ability
3. Aptitude
4. Mixed type group Intelligence test
5. Levenensons Scales for Locus of Control
6. Digit memory scope
7. Aggression.
8. Semantic ink block test.

Project Work:

1. Work motivation
2. D.A.T.
3. Mental health
4. Frustration tolerance
5. Occupational stress
6. Depression

{**Note:** Project work topics would be allotted by the departmental commit}

30 Days internship program is compulsory for M.A. previous students under any institution of repute or an expert psychiatrist. Only after completion of internship program, the students will be eligible for admission in M.A. Final year classes.

Divya Amale

Manoj
3-9-2021
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M. A. - II SEMESTER

PAPER - I

BASIC PSYCHOLOGICAL PROCESSES

M.M. - 80

Unit I

Learning Process:

Conditioning:- Meaning of Conditioning and General Introduction.

Classical conditioning: Procedure, Phenomena and related issues.

Instrumental learning: Phenomena, Paradigms and theoretical issues, Generalization.

Reinforcement: Basic variables and schedules.

UNIT II

Behaviour:- Meaning of Behaviour. Experimental analysis of behavior: Behavior modification, shaping, Discrimination learning.

UNIT III

Verbal learning: General Introduction of Verbal Learning, Methods, Materials, and Organizational processes of Verbal learning.

UNIT IV

Learning theories: Hull's theory of learning, Tolman's theory of learning, Skinner's theory of learning. Cognitive approaches in learning: Latent learning, observational learning.

UNIT V

Memory and forgetting

Memory Processes: Encoding (types of Encoding), Storage, Retrieval. Stages of

Memory: Sensory memory, Short-term Memory (STM) and Long-term Memory (LTM). Episodic and Semantic memory.

Forgetting & theories of Forgetting: Interference, decay, retrieval.

Divya Anand
Majority
2.9.2021
Rulmitra

BOOK RECOMMENDED:

- Snodgrass, J. Gray. Et. Al (1985) Human experimental psychology, New York : OxfordUniversity Press.
- Galott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai :Thompson Asia.
- D. Amato M.R. (1970) Experimental Psychology, New York, Mc. Graw Hill.4. Sen Anima : Attention &Destruction New Delhi.

Divyanshu Marjio 7
3.9.2021
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M. A. – II SEMESTER

PAPER – II

GROUP PROCESSES AND CULTURAL PSYCHOLOGY

T.M. - 80

UNIT – I

Group process:- What do you mean by group process; Group Dynamics and Group behavior, Group effectiveness, and Group cohesiveness: meanings, formation; Group decision-making, Group problem solving.

UNIT – II

Leadership: Meaning and nature, function, styles and effectiveness.

UNIT – III

Social issues: Poverty, Caste, gender, population issues in India, Communal tension and harmony.

UNIT – IV

Culture and Behavior- I: Culture and Cognition, Culture and emotion. Culture and Organization.

UNIT – V

Culture and Behavior II: Culture and Health. Culture and Personality. Social psychology: Health, Environment and Law.

Divya
Kamale

Major
3-9-2021
Rulmitra

BOOK RECOMMENDED:

- Billing, M. (1976) Social Psychology and inter group relations, NY: Academic Press Lindsey, G.
- Aronson, E (Eds) (1985) The Handbook of social psychology. NY : Random House.
- Mishra, G. (1990) Applied social psychology in India ND: Sage
- Eiser, J.R. (1986) Social Psychology, London : Cambridge University Press.
- Dalal, A.K. (1989) Attribution theory and research ND wiley limited .
- Feldman R.S. (1985) Social Psychology, New York, Mc Graw hill.
- Baran A.B. & Byre, D (1991) Social Psychology, - Boston allyn & Bacon.
- Pandey, J. (1988) Psychology in India; the state - 7 the art Vol - 2 ND. Sage.

Divya

Kanak

Manjari
3.9.2021

Rulmita

M. A. – II SEMESTER

PAPER – III

ADVANCE RESEARCH METHODOLOGY

M.M. – 80

UNIT – I

Experimental Design: General Introduction and Principle of Experimental design,
Types of experimental design:- Single Factor, Complete Randomized design,
Randomized block design, Factorial design, Independent sample design.

UNIT – II

ANOVA: One – way and Two – way: Randomized and Repeated Measure Design,
ANCOVA.

UNIT – III

Measures of relationships: Correlation:- Meaning and types of Correlation:- Bi-serial,
point bi-serial, Tetrachoric and Phi-coefficient, Multiple and partial Correlations.

UNIT – IV

Regression: Simple and multiple, Factor analysis: Assumptions, Methods, Rotation
and interpretation.

UNIT – V

Use of computer in psychological researches,
Research report writing (APA style),
SPSS Software:- General Introduction and uses.

Divya

Kanak

Manjari
3.9.2021

Kalmitra

BOOK RECOMMENDED.:

- Kerlinger D & Katz L. : Foundation of behavioural research (2nd ed) Surjeet Publication, Kamlanagr, Delhi, 1983
- Kothari C.R.: Research methodology : methods and techniques. Wiley eastern Ltd. NewDelhi 1986
- Broota, K.D. : Experimental design in behavioural research Wiley eastern Ltd. NewDelhi 1992
- Black T.R. : Quantative research designs for social sciences thousand oaks: sage 1988
- Winer, B.J. : Stastical principles in experimental design, New York, Mc graw hill, 1971
- Edwards, A.K.: experimental designs in psychological research. New York Holt 1976
- Mason, J. : Qualitative Researching, thousand oaks: sage 1997.

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Kanak Marjot
3.9.2021

Rulmitra

M. A. – II SEMESTER

PAPER – IV

PHYSIOLOGICAL PSYCHOLOGY AND HEALTHBEHAVIORS

M.M. - 80

JNIT – I

Methods and Basic concepts

Methods of Physiological psychology: Lesion and Brain Stimulation. Receptors, effectors and adjuster mechanisms. Neural impulse: Origin, conduction and measurement.

JNIT – II

Sensory system: Vision and Audition. Human nervous system: Structure and functions.

JNIT – III

sleep and waking: Stages of sleep, Disorders of sleep and Physiological mechanisms of sleep and waking. Drinking and its neural mechanism; hunger and its neural mechanism. Endocrine System: Chemical and glandular.

JNIT - IV

Approach to therapy:- Psychoanalytic, Biological Behavioral, Behavioral medicine and Spiritual therapy).

JNIT - V

Mental health Promotion and Maintenance, Present issues and trends in Health Psychology.

Divya Kamak

Margaret
3.9.2021
Kulmitra

BOOK RECOMMENDED :

- Aboud, T.D.: Health psychology in global perspective. Thousand oaks, C.A: Sage (1988).
- Page, J.D.: PSYCHOPATHOLOGY : The Science of understanding Deviance. (2nd ed.)(1975)
- Carson, C.R., Butcher J. N. : Abnormal psychology and modern life (9th ed) HarperCollins publisher. (1992).
- Adams, H.E. & Sutkar. P.B. : comprehensive handbook of psychopathology New York, Plenum Press.
- Prokap, C.R. & Bradly, L.A.: Medical psychology: Contribution to Behavioural medicine, Academic press, (1991)
- Davison G.C. and Neal J.N. Abnormal Psychology – 8th Ed. Wiley Publishers, 2000.

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**M. A. – II SEMESTER
PAPER – V
PRACTICUM**

M.M. 100

This paper consists of the laboratory (experimental and testing) and field – work done throughout the semester and will be evaluated at the time of examination along with the other papers.

Distribution of marks would be as under:

Marks

- C. Record of lab practical - 25
- D. Evaluation of one lab. testing of be Conducted in examination -50
- E. Viva-Voce on practicum 25

List of Practical:

LAB EXPERIMENTS (ANY FIVE) and Field work

1. Effect of social support on conformity.
2. Attribution of achievement outcomes.
3. Zeigarnik effect.
4. Level of aspiration as a function of success or failure.
5. Short Term Memory.
6. Effect of group on individual judgment.

Note : No candidate would be allowed to appear in the practical examination unless his/ her day today practical work and report are found satisfactory.

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*Manjot
3-9-2021*

Rulmitra

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GOVT. BILASA GIRLS' P.G. (Auto.) COLLEGE

Link Road, Bilaspur (C.G.)

Phone No. : 07752-224249, Website : www.bilasagrilscollege.ac.in



SYLLABUS

M.A. Psychology
Semester - III & IV

2021-22



DEPARTMENT OF PSYCHOLOGY

**"Regulation for Examination (Semester System)
At Post Graduate Level, Under Autonomous Scheme"
Session : 2021-22**

Bilaspur University, Bilaspur (C.G.) vide letter No. 277/Bub/Acad/2012 dated 12/9/2012 has granted affiliation to the Govt. Girls' P.G. College, Bilaspur (C.G.) Further the University Grants Commission, New Delhi vide letter No. F-22.01.2005 (Desk-AC) December 2005 and Guru Ghasidas University, Bilaspur (C.G.) vide letter No. 81/CDC/Auto/2006 dated 22.05.2006 have extended the autonomous Govt. Girls' P.G. College upto 2011 which has been again extended till the session 2016-17 vide letter No. UGC F-22-1/2011 AC January 2012 and now UGC conferred Autonomy upto 2023. The University has authorized Govt. Girls' P.G. College, Bilaspur (C.G.) to frame syllabus and conduct examination in the following faculties the subjects at the Post Graduate level.

FACULTY

SUBJECT

I. Arts

- | | |
|-------------------|---------------------------|
| 1. M.A. Economics | 2. M.A. English |
| 3. M.A. Geography | 4. M.A. Hindi |
| 5. M.A. History | 6. M.A. Political Science |
| 7. M.A. Sociology | 8. M.A. Urdu. |
| | 9. M.A. Psychology |

II. Science Faculty

1. M.Sc. Botany
2. M.Sc. Chemistry
3. M.Sc. Food & Nutrition
4. M.Sc. Human Development
5. M.Sc. Mathematics
6. M.Sc. Physics
7. M.Sc. Zoology
8. P.G. Diploma in Computer Science.

III. Commerce

1. M.Com.

IV. B.Lib. I.Sc.

1. As per the decision taken by the Co-ordination Committee in its Eleventh meeting, and in compliance of the order issued by the Directorate of Higher Education, vide letter No. 341/187/CHE/Co-ord/06 dated 27.04.2006 Govt. Girls' P.G. College Bilaspur (C.G.) is semester system of examination from the session 2007 at post Graduate Level.
2. The course, of study at the post Graduate Level (Master of Science, Master of Arts and Master of Commerce) is extended over four semesters in two academic Sessions. Examination of the first & Second semesters will be held in the first academic session and the third and fourth semesters in the second academic session.
3. Practical Examination of the science Faculty / Subjects will be held with the theory examination in each semester, where as Viva-Voce Examination of Arts and Commerce Faculty will be held with the theory examination of second and fourth semester.

ADMISSION:

4. The admission in the Post Graduate Classes shall be strictly on merit basis in accordance to the admission rules of Govt. of Chhattisgarh State.
5. A graduate from any recognized University of Chhattisgarh State is eligible for admission in the Post Graduate Classes. A graduate from any recognized University outside of the Chhattisgarh state will also be eligible for admission in the Post Graduate Classes provided, she fulfills all other conditions of eligibility.

SYLLABUS:

6. Each course shall be framed and approved by the Board of studies of that subject and Academic Council of the college.
7. There shall be four or five theory papers in each subjects in each semester Practical examination of the subjects shall be conducted as per the syllabus framed and approved by the Board of Studies of that subject.
8. A student who has 60% or more aggregate marks in three semester can opt Dissertation as an Optional Paper in the forth semester if there is such a provision in the course of that subject.
9. In the theory papers of semester examination, there shall be 80 marks for external examination and 20 marks for internal examination. Each theory paper of the semester examination shall be of 80 marks in which there shall be ten questions in total out of which a candidate will have to attempt five questions Maximum marks of the practical decided by the board of studies of the subject.

EXAMINATION PATTERN :-

10. There shall be main examination at the end of the each semester First and Third semester examination shall be held as for a possible in the month of November and second & fourth semester examination shall be held as for as possible in the month of April.
11. To be successful in the exam a student has to score at least 20% marks in each Internal & External theory papers with an aggregate of 36% marks. Also to be successful in each practical paper a student has to score 36 marks. Best marks of the two internal text examination will be incorporated in the marks of semester examination. The head of the department shall submit the detailed mark list to the controller of Examination after the completion of all tests and seminars.
12. A student declared fail in one or two papers in the semester examination can appear in the second attempt examination in the same paper which will be held after two months of the main semester examination but if a student declared failed in more than two papers of semester examination will have to appear in all the four or five papers in the second attempt examination.
13. If a student is absent in all the papers of the main semester examination then she will be ineligible to appear in the second attempt examination, but if a student appears in some papers and fail to appear in the remaining papers of the main semester examination then she will have to submit an application giving reason to . the principal / Controller with sufficient

- proofs. On the basis of proofs a High level committee will decide upon the matter. High level committee will have power to allow the student to appear in the second attempt examination.
14. A student who fails in a semester examination shall be eligible to take admission in the course of study of next semester but she shall not be eligible to appear in the next semester examination unless has passed all the remaining papers of the previous semester in the second attempt examination.
 15. The admission of the student who fails in the second attempt examination of a semester, the admission to the next semester will automatically be cancelled and she will have to appear in all the papers of the semester examination in the next academic session as an Ex-student but marks of the internal examination will carry forward.
 16. It is a must for the students to appear in the Internal test on the scheduled dates which will be declared by examination cell failing to which she shall be declared fail. If due to some unavoidable circumstances and sufficient reason the students fails to appear in the test on scheduled dates they have to appear before the High level Committee comprising of the Principal, Controller of Exam and Head of the Department of the particular subject with sufficient proof. The high level committee will decide the matter based on the proofs submitted by the students.
 17. If a student leaves the college after taking admission in a course of study of semester without appearing in Internal & External examination and if she would like to take admission in any forthcoming academic session in the same semester she shall be given admission in the same session as a regular student but her status will be of Ex-student,
 18. For Diploma courses there shall be annual examination pattern in which only external examination and practical examination will be held. There shall be no internal examination and seminars for these courses. Syllabus of these courses shall be framed by the board of studies, of the particular subject.
 19. For B.Lib. I.Sc. course there shall be Annual Examination pattern and Internal tests & seminars will be organized.

Marks Scheme/Pattern of Question-

According to decision taken by the academic council of the college the pattern and marks scheme of question paper for P.G. as follows –

Type of Question	Q. to be set From each unit/Content	Q. to be solved	Marks Assigned	Total Marks
Objective / In few words	10	06	02	12
Short Answer Type Questions	07	04	05	20
Long/Essay type of question	07	04	12	48
			TOTAL	80

DIVISION AWARD

20. If a student is absent in all the papers of the main semester examination then she will be ineligible to appear in the second attempt examination, but if a student appears in some papers and fail to appear in the remaining papers of the main semester examination then she will have to submit an application giving reason to . the principal / Controller with sufficient proofs. On the basis of proofs a High level committee will decide upon the matter. High level committee will have power to allow the student to appear in the second attempt examination.
21. The division shall be awarded at the end of the Fourth Semester on the basis of taking together the aggregate of marks obtained by the students in all the four semester examination. The division shall be awarded on the following basis –
 1. I Division - 60% & above
 2. II Division - 48% & above but less than 60%
 3. III Division - 36% & above but less than 48%
22. A candidate who fails by one mark in a paer or in aggregate, shall be given grace mark but this one mark shall no where be added. Such candidate shall be declared pass with grace.
23. A candidate who lacks one mark to attain division shall be given one grace marks.
24. The names of first five candidates who have obtained first division at the end of the forth Semester will be declared in the order of merit.

REVALUATION :-

25. A candidate can apply for revaluation of answer books in not more than two theory papers: She has to pay prescribed fee for each paper within 15 days after the publication of the result of the semester examination. The provision of revaluation is only for the main exam and there is provision of revaluation for the second attempt examination.
26. The change in the marks will depend upon the rules of revaluation issued by the Bilaspur University, Bilaspur from time to time.
27. The points, which are not covered in the regulation mentioned above shall be governed by the existing rules, regulation and ordinance of Bilaspur University, Bilaspur (C.G.)

BOOK RECOMMENDED :

- Liebert, R.M. & Spiegler, M.P. (1993): Person aligy: Strategies & issues, P.C. CaliforniaBooks Cole Pub. Co.
- Hall C.S. and Lindsey, G. (1996) theories of Personality N.Y.J. Wiley & Sons.
- Pervin L.A. (1975): Psychology of personality readings in theory, Chigos. RandMeznally College Lab.
- Sinha J.N. (1969) : Indian Psychology, Calcutta.
- Mukkopadhyay, Swami NiranjanandSaraswati Yoga Darshan Munger : Bihar School ofYoga.

Divya

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3.9.2021

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M. A. – III SEMESTER

PAPER – II

PSYCHOLOGICAL ASSESSMENT – I

Max. Marks– 80

Min Marks-29

UNIT – I

Nature of Psychological Assessment, Differences between Physical & psychological assessment. Problems in Psychological Assessment., Levels of Assessment.

UNIT – II

Scaling: Unidimensional and Multidimensional. Scale construction techniques. Difference among tests, scales, questionnaire and schedule. Characteristics of a good psychometric test. Difference between psychometric and projective technique.

UNIT – III

Construction of Psychometric tools: Steps in test Construction, item analysis, item difficulty level, discrimination power; Psychological test, types of Psychological test.

UNIT – IV

Standardization process of psychometric tools test: Reliability: Concept, type, methods of determining reliability, validity: Concept, type, methods to determine validity, factor affecting reliability and validity. Norms: Types, Uses and Method to determine various types of norms

UNIT – V

(a) Adaptation of tests.

(b) Psychological testing in Applied Field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations.

Divya

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Meeraj
3.9.2021

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BOOK RECOMMENDED.:

- Anastasi, A. (1988) Psychological Testing London: Mc Millan Publishing Co. Crowback.L.J. Essentials of Psychological Testing.
- Rreeman F. Theory and Practice of Psychological Testing.
- Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw HillPublication.
- Guilford, J.P. Psychometric Methods. New Delhi Tata Mc Graw Hill.Nunally, J.C. Introduction to Psychological Measurement, Tokyo.Nunally, J.C. Psychometuric Theory, New Delhi: Tata Mc.Graw Hill Publishing Co.

Divya
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3.9.2021
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Rulmita

M. A. – III SEMESTER

PAPER – III

COGNITIVE PSYCHOLOGY- I

Unit – I

Cognitive Psychology –

• ~~What is Cognition - Properties of Cognitive Psychology, Domain and Methods of Cognitive Psychology.~~

- The brain structure and function,

Unit – II

Perception – What ~~is Perception? Subliminal Perception.~~

Cognitive process: ~~Pattern Recognition, Pictorial Perception, Extrasensory Perception~~

Perceptual Defense, Perceptual Vigilance,

Figural after effect on perception,

Personality and Cognitive style.

Unit – III

Language and Thinking –

Language – Definition, Different element and structure, levels of language analysis.

Thinking – Definition of thinking, types of thinking, Theories of Thinking, Role of set and images in Thinking, role of trial and error in thinking.

Relationship between thinking and language (Worf- Hypothesis)

Unit – IV

Memory – Models of memory – Atkinson and Shiffrin, Craik and Lockhart, Flash bulb memory, Constructive process in memory, Eyewitness testimony, autobiographical memory.

Unit- V

Amak *Marjot*
3.9.2021
Divya *Rulmitaa*

Neurobiological basis of memory - Neurobiological basis of Short term memory,
 Neurobiological basis of long term memory -
 Structural, Chemical- Amnesia, Korsakoff's
 Syndrome & Alzheimer Syndrome.

Book Recommended:

- D. Amato M.R. (1970) Experimental Psychology, New York, Mc. Graw Hill.
- Gaott, K.M. (1999) Cognitive Psychology in and outside laboratory, Mumbai : Thompson Asia.
- सिंह, अरुणकुमार, सामान्य मनोविज्ञान,
- उच्चतरसामान्य मनोविज्ञान, बनारसीदासप्रकाशन।
- आधुनिकसामान्य मनोविज्ञानवर्मा, प्रीति।
- Balon, R.A. and Barne, D.A. Understanding Behavior Tokyo, Holt Sounders.
- Zimbardo, P.G. and Waslser, AI. Psychology. New York : Harper Collins College Publishers, 1997.
- Lefton, L.A. Psychology, Boston Allyn and Baron, 1985.

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 3.9.2021
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6

M. A. – III SEMESTER

Paper-IV

CLINICAL DIAGNOSIS – I

M.M. – 80

Mini. Marks- 29

UNIT – I

History and current trends of clinical psychology, Development of clinical psychology in India, Meaning and nature of clinical psychology, Characteristics of clinical psychology, Scope and functions of clinical psychology, future of clinical psychology.

UNIT – II

Approaches of clinical psychology: Psychodynamic, Behaviouristic, phenomenological, Interpersonal.

UNIT – III

Meaning and types of clinical diagnosis, Clinical diagnosis: Symptomatic vs. dynamic. Symptomatic diagnosis: ICD-10, DSM-IV (TR), DSM- 5, Dynamic diagnosis: Case history, and Interview.

UNIT – IV

Professional training of clinical Psychologist, Professional Regulation, Professional ethics and Professional dependence of clinical psychology.

UNIT – V

Impressionistic approach of diagnosis: Informal assessment, source of errors in impression formation, importance of psychometric approach.

BOOK RECOMMENDED :

- Iscope, I.; Block B.L. and Spielberger, C.D. (eds) Community psychology: Perspectives in training and research. NY: Appleton, 1977.

Divya *Kamak* *Meera*
3-9-2021
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- Mann. A.P.; Community Psychology: Concepts and applications. Free Press, 1978.
- Rapaport, J. Community Psychology: Values, Research and action. NY : Holt Rinehart. 1977.
- Korchin, S. Modern Clinical Psychology. Harper and Row, 1978.
- Wolman, B.B. (ed) Handbook of Clinical Psychology, Mc Graw Hills, 1972.

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M. A. – III SEMESTER

PAPER – V

PRACTICALS

M.M. - 100

A. Case study (Compulsory for every student)

1. Developmental disorder
2. Mental disorder
3. Sociometry-adults
4. Organisational study
5. Interpersonal scale related

B. ~~Administration of any one projective test~~

1. Rorschak Inkblot Test
2. TAT
3. Rosenbick picture frustration test
4. Sentence completion test
5. Cattle's 16 Factor

Note: 1. Write a proper report.
2. Any one of the above mentioned topics.

DISTRIBUTIONS OF MARKS:-

SEASONAL-20
PSYCHOLOGICAL ASSESSMENT- 30
VIVA/VOCE- 50

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9

M.A.-IV SEMESTER

PAPER-I

LIFE SPAN DEVELOPMENT

M.M. - 80

UNIT - I

Scope, Nature and Principles of development, Factors influencing development: Heredity, Environment, Motivation and Learning.

UNIT - II

Approaches of studying development: Cross-sectional and longitudinal approach, sequential approach; Methods of developmental Psychology: Correlational, Causative method.

UNIT - III

Theories of Development: Jean piaget theory of Cognitive Development, Bridges Theory of emotional Development, Kohlberg's theory of Moral development, Chomsky theory of language development, Information theory.

UNIT - IV

Adjustment Process: Dynamics of Psychological adjustment, Maladjustment:- Stress, Frustration and its causes; Conflicts and its causes; Reactions to Stress.

UNIT - V

Aging: General introduction; Major psychological problems of old age, Well-being of Aged.

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BOOK RECOMMENDED :

Baltes, P.B. & Brim O.G. (1978): Life span development behaviour, N. Y. Academic Press.

Thomas, M. R. (2000): Recent theories of Human Development, thousand Oaks: sage Publication.

Zanden, J.W. & Vander (1997): Human Development (7th Ed.) New York: Mc Graw Hill.

Elizabeth B. Hurlock (1977): Development Psychology. A life span approach, (5th Ed.)

Jere E. Brothy & Sherry L. Willis (1981): Human Development and Behaviour, St. Maitins Press, NY.

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M.A.-IV SEMESTER**PAPER – II****PSYCHOLOGICAL ASSESSMENT - II****M.M.-80****UNIT – 1**

Concept and Measurement of Intelligence, Major Tests of Intelligence developed Under Western and Indian Cultural set up.

UNIT – II

Concept and Measurement of Aptitude; Major Test of Aptitude developed under Western and Indian Cultural set up. Achievement; concept and measurement of Achievement Test; Major Test of Achievement developed under Indian Cultural set up.

UNIT – III

Test of Personality: Projective and Psychometric Approaches, Major Test of Personality, developed under Western and Indian Cultural set up.

UNIT – IV

Test of Adjustment, Values, Interest, Stress and Anxiety development under Indian condition.

UNIT – V

Psychological Testing in Applied Field: Neuro-Psychological Testing: Objectives and Major Neuropsychological Test.

Emotional Intelligence: Concept and Major Test of emotional Intelligence Developed under western and Indian cultural set up.

Divya
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3.9.2021
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BOOK RECOMMENDED.:

1. Psychological Studies – 2004, Vol.-49.
2. Danial Golman: Emotional Intelligence (1995) New York: Bantam Books.

BASIC BOOK :

- Anastasi, A. (1988) Psychological Testing London: Mc Millan Publishing Co.
- Crowback. L.J. Essentials of Psychological Testing.
- Freeman F. Theory and Practice of Psychological Testing.
- Gheselli Theory of Psychological Measurement New Delhi Tata HeGraw HillPublication.
- Guilford, J.P. Psychometric Methods. New Delhi Tata Mc Graw Hill.
- Nunally, J.C. Introduction to Psychological Measurement, Tokyo: Mc Graw Hill.
- Nunally, J.C. Psychometuric Theory, New Delhi: Tata Mc.Graw Hill Publishing Co.

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MA – IV SEMESTER

PAPER – III

COGNITIVE PSYCHOLOGY- II

Unit – I

Concept Formation – Nature and Importance of Concept, Types of Concept, Methods of Concept Learning, Measurement of concept formation, Factors Influencing concept formation.

Unit – II

Decision Making – What is decision making, major heuristics in decision making.

Reasoning – Definition and nature of reasoning, types of Reasoning, approaches to study of reasoning.

Problem Solving: Meaning and definition of Problem solving, Strategies of solving Problem, Steps of problem solving and Sex differences in Problem Solving ability, Factors influencing Problem Solving.

Unit – III

Individual and Situational Differences in Cognition, Cognitive development by Piagetion theory, effect of aging in cognition.

Unit – IV

Cognition in cross cultural perspective, studies of cross cultural cognition, effect of schooling and literacy, cognition in every day setting.

Unit- V

Intelligence – Meaning of Intelligence, Theories of Intelligence – Spearman’s two sector theory, Thurston’s group factor theory, Multiple factor theory, Cattle’s theory.

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Book Recommended:

- Snodgrass, J. Gray. Et. Al (1985) Human experimental Psychology, New York : Oxford University Press.
- Galott, K. M. (1999) Cognitive psychology in and outside laboratory, Mumbai : Thompson Asia.
- D. Amato M.R. (1970) Experimental Psychology, New York, Mc. Graw Hill.
- Sen Anima : Attention. &Destruction New Delhi.Cognitive Psychology VI Edition. Robert L. Sotro, Pearson Education 2001.

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25

MA – IV SEMESTER

PAPER – IV

BASICS OF GUIDANCE, COUNSELING AND PSYCHOTHERAPEUTIC

Unit – I

Nature, Concept, Type and Need of guidance, Basic Principle of guidance, various services in guidance: Program Information service, Individual information service, Preparatory service, follow up, placement service, remedial services. Guidance in College and University.

Unit – II

Nature, need and function of counseling, goals and objective of counseling, micro and macro skills of counselor, Ethical issues and legal issues in counseling.

Unit – III

Counseling process, some special areas of counseling – Assertiveness training, Marital and couple counseling, family counseling, counseling for children and adolescent.

Unit – IV

Psychotherapeutic counseling – Psychoanalytic behavioral, client – centered, cognitive approach, eclectic and group approach in counseling, REBT.

Unit- V

Counseling in Indian context – Nature of counseling need and available services in India. Counseling and Psychotherapy in Indian context: Psychotherapy by Yogic system, Transcendental Meditation Program, Buddhist Approach.

Divya Kannak Majid
3-9-2021
Mulmitara

Book Recommended:

- Anastasi, Z., I Lewis, E.C. (1970) : Counselling Psychology, New York, Holt Rinehart and Winster, Inc.
- Lewis, E.C. (1970) : Counselling Psychology, New York, Holt Rinehart and Winster, Inc.
- निर्देशन एवं परामर्शन—अमरनाथराय एवं मधु अस्थाना

Divya

Mejor
3.9.2021

Amal

Rulmitra

PAPER -V

PRACTICALS (COMPULSARY)

M.M- 100

- Practical implications of any one Counseling technique And
- Clinical testing- ADHD, Parent child relationship, personality test, test of attraction, Family climate, etc.

Distributions of Marks:-

Seasonal-20
 Psychological Assessment- 30
 Viva/Voce- 50

Divya

Amak

Merjo
3.9.2021

Ralmita