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Home sci

SHRISTI

Syllabus

1.1.2

P.G. Diploma In Guidance & Counselling

Time- 3 Hours

-1

Max M

Paper - I

Theory & Practice of Guidance

A] 0

Meaning & Concept of Guidance - 1-65

1. Nature & definition
2. Purpose & Scope of Guidance
3. Aims & principles of guidance
4. Essentials of good guidance programmed

B] 0

Need of guidance in different areas (Educational)

1. Meaning & objectives of Educational guidance
2. Need for educational guidance
3. Guidance of various level (Primary, Secondary & higher)
4. Principles of educational guidance.

C] 0

Need of guidance in different areas (Vocational guidance)

1. Meaning & different of vocational guidance
2. Aims of Vocational guidance
3. Need of Vocational guidance
4. Steps in Vocational guidance

D] 0

Need of guidance in different areas (Personal guidance)

1. Concept & objective of Personal guidance
2. Need & process of Personal guidance.
3. Personal guidance of different stages
- 4.

E] 0

Group guidance - 281-310

1. Nature & importance of group guidance
2. Principles & purpose of group guidance
3. Nature of group guidance
4. Occupational information service

F] Techniques of guidance -

1. Sociometry 164-168
2. Class talks
3. Carrier Conference ✓ 407-410

G] Techniques of guidance -

1. Case study ✓
2. Cumulative record. 183-197

H] Organization of guidance services -

250-267

1. Meaning of Organization of guidance services
2. Principles related to Organization of guidance services
3. Types & Characteristics of guidance programmed

I] Organization of guidance in school -

29-42

1. Role of Principal
2. Role of teacher ✓
3. Role of guidance worker ✓

J] Various Services in guidance programmed -

80-144

1. Information Service ✓
2. Self inventory Service ✓
3. Preparatory Service
4. Follow-up Service ✓
5. Counseling Service ✓
6. Research Service ✓

x Marks-100

Paper II

Counselling Psychology

I] Nature & Concept of Counseling

- ✓ Meaning & Definition
- ✓ Goals & Objectives of counseling
- Characteristics of counseling
- Counseling & after terms - (Guidance, Teaching, Psychotherapy interview)

II] Process-

- Basic assumptions of counseling
- Principles of counseling process
- ✓ steps in counseling procedure
- ✓ Fields or forms of counseling

III] Techniques of counseling-

- ✓ Case study Technique- Definition, steps in case study critical evaluation.
- ✓ Counseling Interview - Definition Factors affecting successful counseling Interviews

IV] The counselors as a person- O

- ✓ i) the nature & functions of counselors
- ii) Characteristics of counselors
- iii) The counselors professional ethics
- iv) the training of a counselor

V] counseling approach- Directive counseling-O

- ✓ i) Basic assumptions of Directive counseling
- ii) steps in Directive counseling
- iii) Characteristics of Directive counseling
- iv) Advantages & Limitation Directive counseling

Counseling Approaches - Non-Directive counseling ○

- Basic assumptions in Non-Directive counseling
- Characteristics of Non-Directive counseling
- Steps in Non-Directive counseling
- Limitations of Non-Directive counseling

Counseling Approaches- Eclectic Counseling ○

- Nature & concept of Eclectic counseling
- Steps in Eclectic counseling
- Characteristics of eclectic counseling
- Limitations of Eclectic counseling

Mental Hygiene ○

- Nature & concept of mental hygiene
- Difference Between health and mental hygiene
- Factors affecting mental hygiene
- Principles of mental hygiene

Adjustment (Family & School) ○

- i Parent child Relationship ✓
- ii Husband & wife Relationship ✓
- iii Factors affecting family Relationship ✓
- iv Factors affecting School Relationship ✓

Adjustment- Vocation & community ○

- i Nature & concept of vocational adjustment
- ii Factors affecting vocational adjustment
- iii Nature & concept of community adjustment
- iv Factors affecting community adjustment

Marks-100

Paper III

Vocational Psychology

Nature of Vocational Guidance-

- Concept of Vocation guidance ✓
- Need of Vocation guidance ✓
- Objectives of Vocation guidance ✓
- Vocational Guidance Services

Nature of Vocational Counseling -

- Concept of Vocation counseling
- Need of Vocation counseling
- Objectives of Vocation counseling
- Role of psychologists in vocational counseling

Psychology of Work- ✕

- Nature of Work
- Why people work
- Occupational differences & Individual differences
- Career patterns

Vocational Development- 0

- Life stages of vocational development - Super, Zinzberg, Havighuest
- General characteristics of life stages
- Sub -stages of life stages

Vocational Guidance for exceptional children

- vocational guidance for physically Handicapped
(Sensory-moter, multiple handicapped)

Vocational guidance for mentality handicapped
Vocational guidance for gifted children

Vocational Choice- 40-44, 75-96 0

- i Concept of Vocational choice
- ii Dimensions Vocational choice process
- iii Determinants of vocational choice

Vocational Maturity-

- i Concept of Vocational maturity
- ii Characteristics of Vocational maturity
- iii Dimensions of Vocational maturity

Vocational Success- 0

- i Concept of Vocational success
- ii Characteristics of Vocational success
- iii Factors affecting vocational success

Vocational Satisfaction- 0 305-309, 314-317

- i Concept of Vocational satisfaction
- ii Factors influencing Job satisfaction
(Economic, social, psychological, Environmental)

Vocational Adjustment- 97-101 0

- i Concept of Vocational adjustment
- ii Factors affecting vocational adjustment

Marks-100

✓ Paper - IV

Rehabilitation Psychology

Nature of handicap-ness -

16-38

Definition

Identification

Classification

Characteristics

Etiology

✓ Physically handicapped (visually handicap) -

16-38

Types

Causes

Blindness & child development

Education of visually handicapped

✓ C] Physically handicapper (Aurally handicapped)

1. Type of deafness

2. Causes of deafness

3. Education of deaf children

✓ D] Physically handicapped (speech handicapped)

1. Types & Causes

2. Children with delayed speech

3. Characteristics of delayed speech children

4. Suggestion to children with delayed speech & education of speech defective children

Benefits & Planning by Govt. of India for handicapped

- Facilities provided by central Govt.
- Rehabilitation Planning by central
- Reservation in employment
- Relaxation in taxes
- Relaxation in traveling
- Aid for Education of handicapped

1] Mentally handicap -

- 1. Definition
- 2. Criteria
- 3. Types - Cerebral Palsy autism, mongolism, micro, Hydrocephalous Cretinism

3] Assessment of mentally handicap -

1. Clinical Analysis's & interpretation of psychological test
2. Sequin Gaded form board test
3. Knox cube imitation test
4. Draw a man test
5. Vineland social maturity scale
6. Guessed developmental schedule

4] Education & Rehabilitation of M R-

167-172

1. Specific problems of education for mentally retarded children
2. Prevention & treatment of M R
3. Education mentally retarded children
4. Parental attitudes & coping behavior M R children

i] Problem Children-

1. Hyper active Children & Restless, Aggressive
2. Shy & Bed-Wetting
3. Thumb Sucking & nail biting, Bed we
4. Problems of adolescents
5. Scholastic back word ness

ii] Behavior modification adjustment for normal

1. Definition & methods
2. Principles
3. Problem of adjustment
4. Methods of adjustment